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Human Anatomy

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Human Anatomy

EIGHTH EDITION

GLOBAL EDITION

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PEARSON

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ABOUT THE AUTHORS

Elaine N. Marieb



After receiving her Ph.D. in zoology from the University of Massachusetts at Amherst, Elaine N. Marieb joined the faculty of the Biological Science Division of Holyoke Community College.

While teaching at Holyoke Community College, where many of her students were pursuing nursing degrees, she developed a desire to better understand the relationship between the scientific study of the human body and the clinical aspects of the nursing practice. To that end, while continuing to teach full time, Dr. Marieb pursued her nursing education, which culminated in a Master of Science degree with a clinical specialization in gerontology from the University of Massachusetts. It is this experience that has informed the development of the unique perspective and accessibility for which her publications are known.

Dr. Marieb has given generously to provide opportunities for students to further their education. She funds the E. N. Marieb Science Research Awards at Mount Holyoke College, which promotes research by undergraduate science majors, and has underwritten renovation of the biology labs in Clapp Laboratory at that college. Dr. Marieb also contributes to the University of Massachusetts at Amherst where she generously provided funding for reconstruction and instrumentation of a cutting-edge cytology research laboratory. Recognizing the severe national shortage of nursing faculty, she underwrites the Nursing Scholars of the Future Grant Program at the university. In January 2012, Florida Gulf Coast University named a new health professions facility “Dr. Elaine Nicpon Marieb Hall.” With the help of Dr. Marieb’s generous donation, this facility contains simulated laboratories in the School of Nursing.

Dr. Marieb is an active member of the Human Anatomy and Physiology Society (HAPS) and the American Association for the Advancement of Science (AAAS).

Patricia Brady Wilhelm



Patricia Brady Wilhelm received her Ph.D. in biological and medical sciences from Brown University and is currently Professor and Chair of Science at Johnson & Wales University, Providence RI. She has taught human anatomy at Brown University, Rhode Island College, Community College of Rhode Island, and currently at the Center for Physician Assistant Studies at Johnson & Wales University.

Dr. Wilhelm’s commitment to teaching has been recognized throughout her career. As a doctoral student, she received the Presidential Award for Excellence in Graduate Teaching and in 2011 the Teaching Excellence Award from the Community College of Rhode Island. Dr. Wilhelm embraces innovation in the classroom and laboratory, incorporating project-based learning, Process Oriented Guided Inquiry Learning (POGIL) activities, cooperative team-based dissection, and other active learning strategies. Dr. Wilhelm has shared her techniques, experience, and enthusiasm for student success through professional presentations, including those of the Human Anatomy and Physiology Society (HAPS) and the New England Biology Association of Two-Year Colleges (NEBATYC) conferences.

In addition to teaching, Dr. Wilhelm contributes to the development of media tools for human anatomy instruction and is a reviewer for *Anatomical Sciences Education*. She is a member of Sigma Xi, the Human Anatomy and Physiology Society (HAPS), the American Association of Anatomists (AAA), and the PULSE (Partnership for Undergraduate Life Science Education) Community.

Jon Mallatt

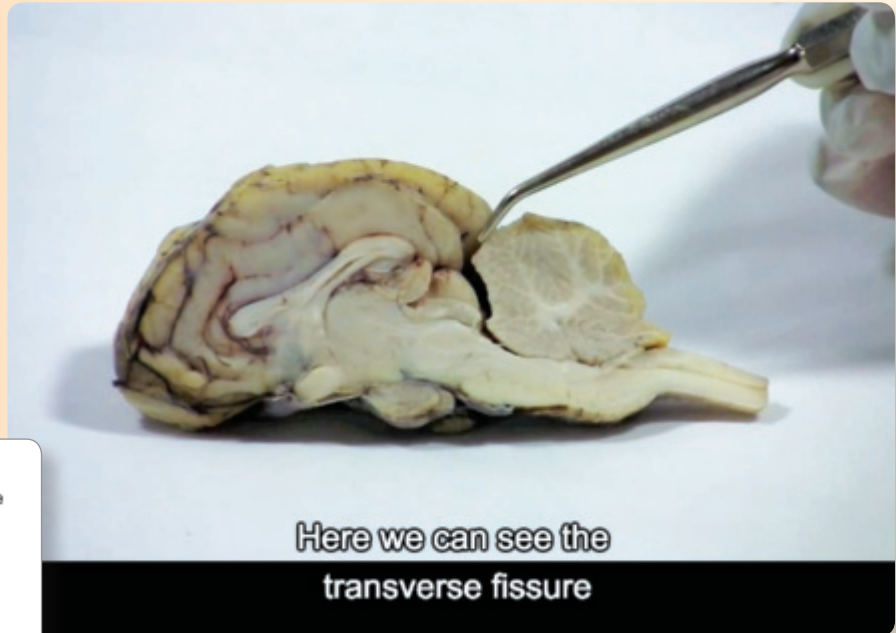


With a Ph.D. in anatomy from the University of Chicago, Dr. Mallatt is currently an Associate Professor of Biological Sciences at Washington State University. He is also a member of the department of Basic Medical Sciences, where he teaches courses in histology and in anatomy of the trunk in the WWAMI Medical Program. WWAMI has honored him numerous times with its Excellence in Teaching Award. Dr. Mallatt is an accomplished researcher with 45 publications in the fields of comparative anatomy and molecular phylogeny to his credit.

Help Your Students Prepare for Lab



Bone and Organ Dissection Videos cover major bone and organ dissections to help students prepare for lecture and lab.



Part D

Which of the following landmarks separate the cerebrum from the cerebellum?

- Longitudinal fissure
- Transverse fissure
- Central sulcus
- Corpus callosum

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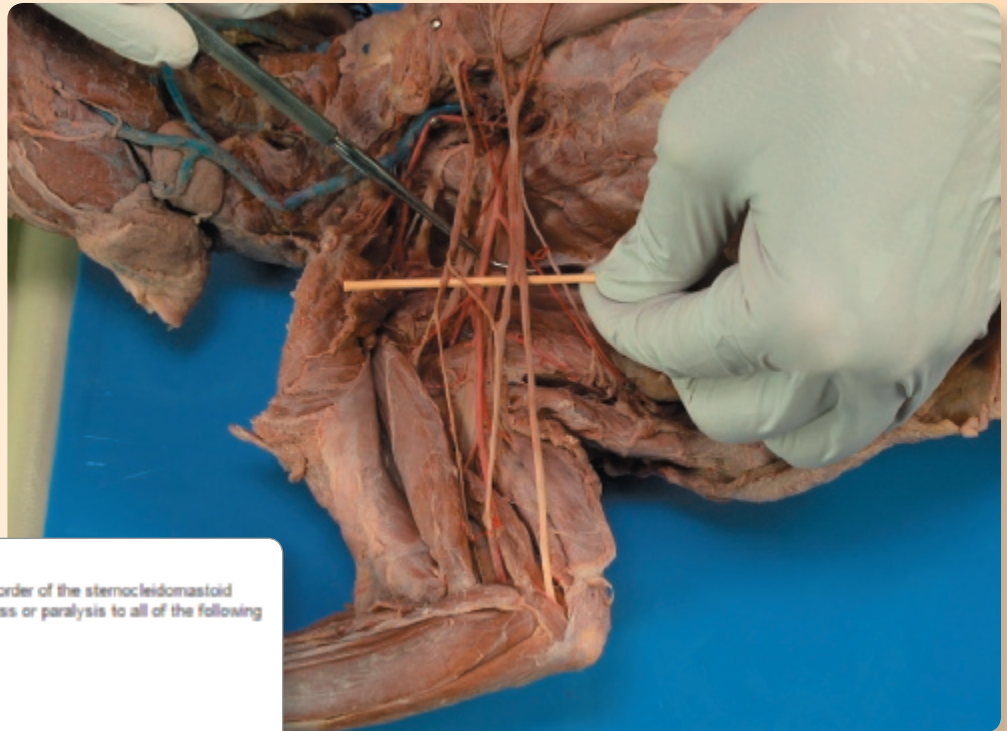
Correct

Correct. The transverse fissure is the separation found between the cerebrum and the cerebellum.

with MasteringA&P® Assignments

NEW! Cat Dissection Videos

help students prepare for cat dissection lab and identify key anatomical structures.



Part A

The brachial plexus can be palpated at the lower lateral border of the sternocleidomastoid muscle. Injury to the brachial plexus could cause weakness or paralysis to all of the following EXCEPT the _____.

- deltoid muscle
- biceps brachii muscle
- sternocleidomastoid muscle
- muscles that flex the wrist and fingers

Submit

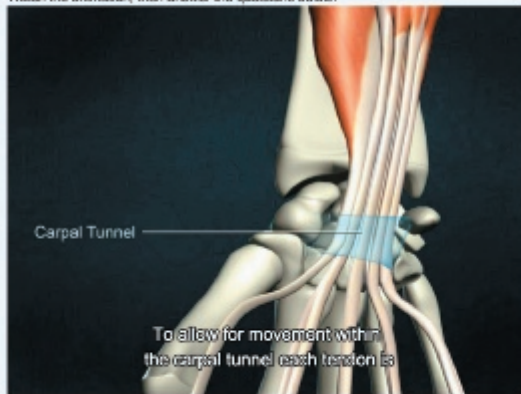
[My Answers](#) [Give Up](#)

Incorrect; Try Again

The deltoid muscle is innervated by the axillary nerve.

A&P Flix: Carpal tunnel

Watch the animation, then answer the questions below.



00:38 00:44

Part A

To allow movement of the tendons within the carpal tunnel zone, each tendon is encased in a _____.

- bursa
- sheath
- meniscus
- osseous membrane

Submit

[My Answers](#) [Give Up](#)

Part B

Carpal tunnel syndrome is characterized by _____.

- inflammation of the flexor digitorum profundus
- inflammation of the flexor tendinaculum and/or tendon sheaths
- inflammation of the extensor carpi radialis
- inflammation of the extensor tendinaculum

Submit

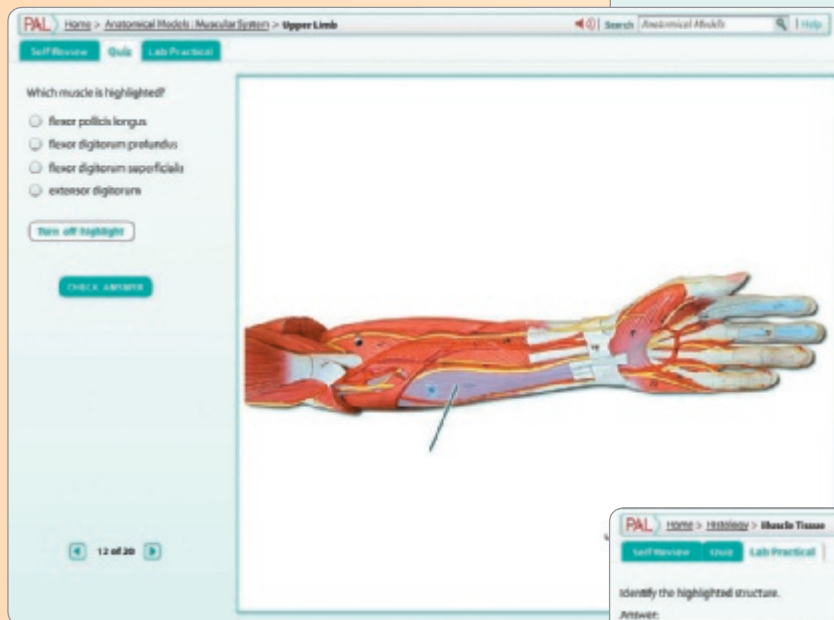
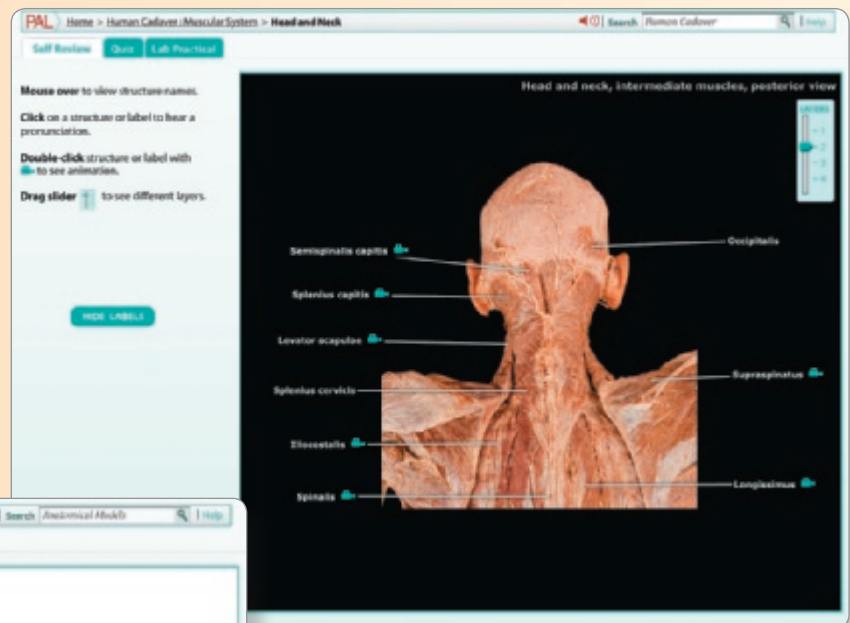
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A&P Flix™

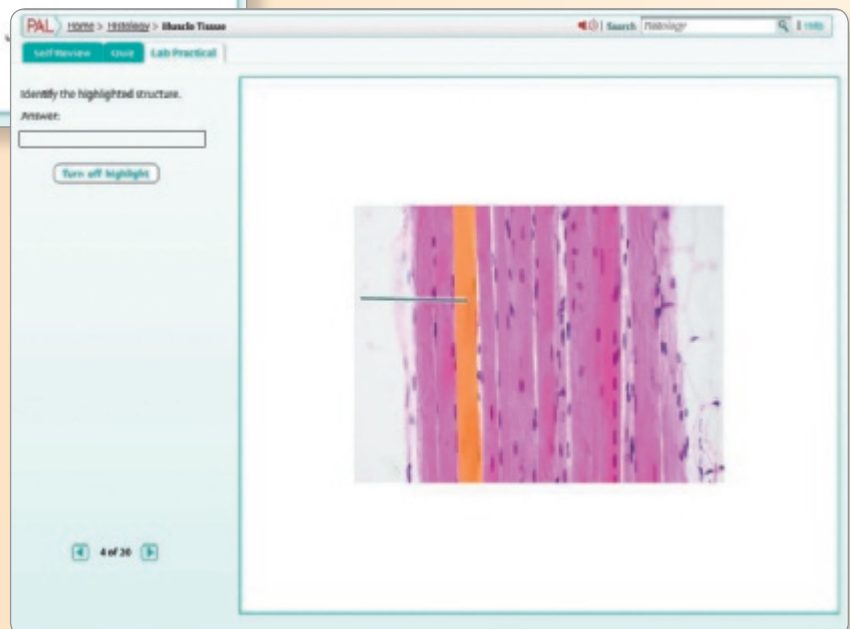
Animations are 3D movie-quality animations that help students visualize joint movements and origins, insertions, actions and innervations of over 65 muscles.

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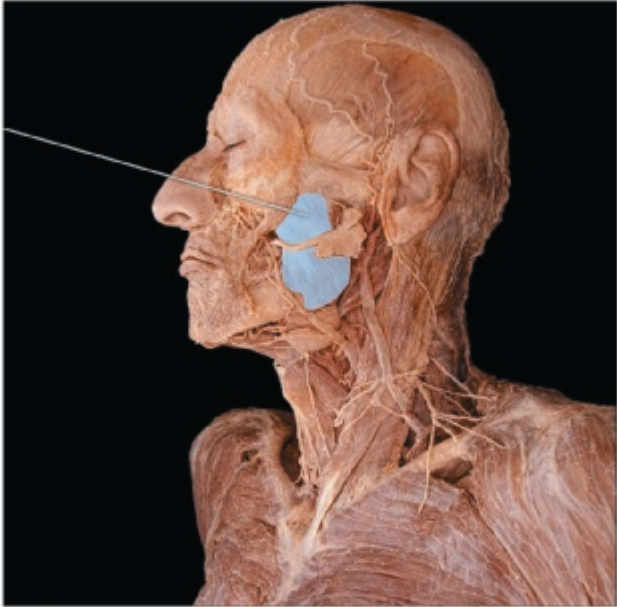
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Practice 24/7 with MasteringA&P®

PAL: Cadaver > Muscular System: Head and Neck > Lab Practical > Question 8

Part A

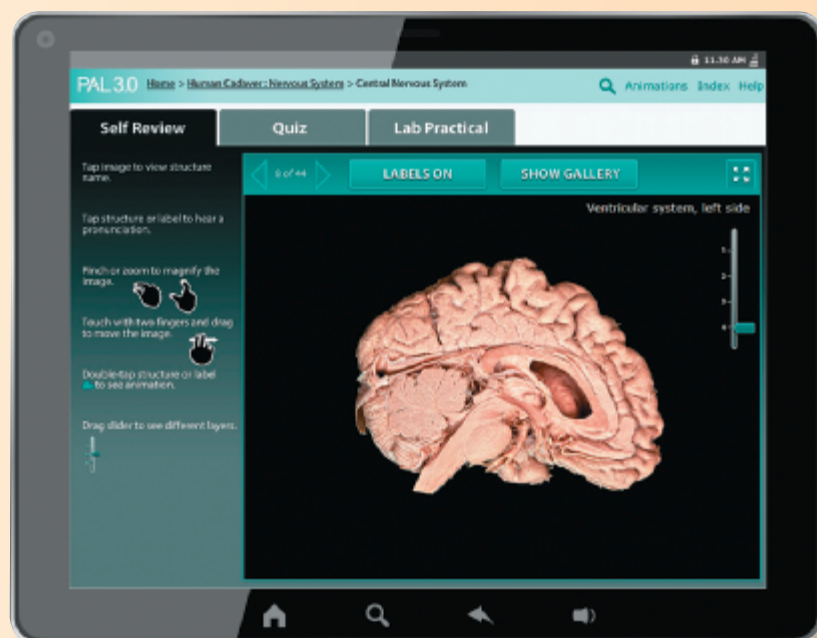


Identify the highlighted muscle.

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Assign only the structures you want your students to know by using the PAL™ 3.0 Test Bank. The PAL 3.0 Test Bank includes over 4,000 customizable questions.

The PAL 3.0 App lets students access PAL 3.0 on their iPad or Android tablet. Students can enlarge images, watch animations, and study for lab practicals with multiple-choice and fill-in-the-blank quizzes—all while on the go!



Engage Your Students in Higher-

NEW! Clinical Scenario Coaching Activities

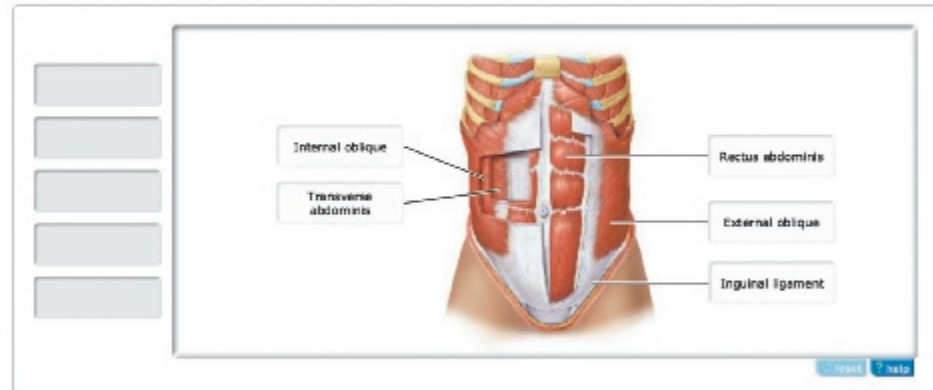
use real world examples and art from the book to engage students.

Clinical Scenario: Abdominal Muscles and Hernias

James McCarthy is a 20-year-old college student who works as a mason on weekends. One month ago he began a new strength-training workout. Shortly after he began lifting weights, he noticed a pulling sensation in his lower right abdomen. He thought it was muscle tightness and ignored it. Two weeks ago, he was installing a custom fireplace and had to lift a 300-lb. stone by himself. As he lifted the stone, he felt a stabbing pain in the lower right abdomen. Since then he has noticed "something bulging" in this area and increased pain when he lifts weights. He scheduled an appointment with his doctor and was told he had a hernia, which will require surgery to repair it.

Part A

Let's begin by reviewing the major muscles of the abdomen. Select a structure and drag it to the correct location.



[Submit](#) [Hints](#) [My Answers](#) [Give Up](#) [Review Part](#)

Correct

There are four major abdominal muscles. These muscles are responsible for movement of the trunk, but they also compress the abdominopelvic cavity and support internal body organs and structures such as the intestines.

Part F

James needed to have his hernia surgically repaired. This can be done through laparoscopic surgery. The surgeon must cut through to the herniated area and put a Teflon mesh underneath the hernia to close it off and provide more support to the area. Use your knowledge of anatomy to select the correct sequence of structures that would be cut for this procedure. Make sure you select the structures in the order they would be cut by the surgeon.

- Skin, hypodermis, subcutaneous fat, internal oblique aponeurosis, external oblique, transverse abdominis, peritoneum
- Skin, hypodermis, peritoneum, subcutaneous fat, external oblique aponeurosis, internal oblique, and transverse abdominis
- Skin, hypodermis, subcutaneous fat, external oblique aponeurosis, internal oblique, transverse abdominis, peritoneum
- Skin, hypodermis, peritoneum, subcutaneous fat, transverse abdominis, internal oblique, and the external oblique aponeurosis.

[Submit](#) [Hints](#) [My Answers](#) [Give Up](#) [Review Part](#)

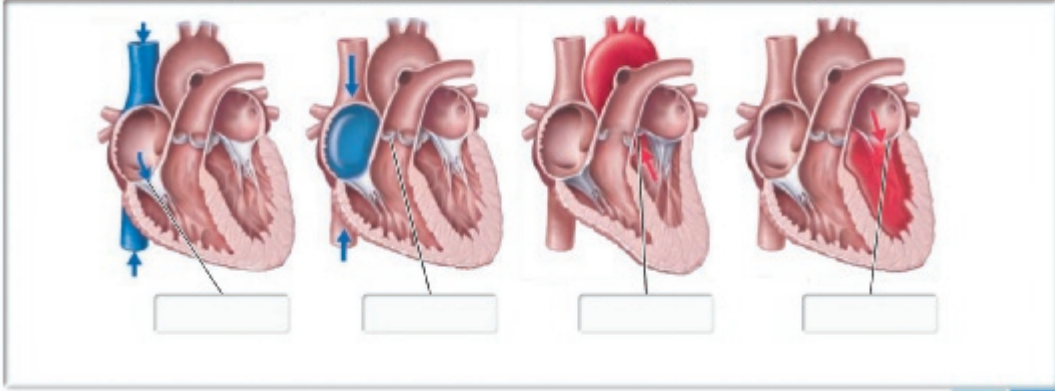
Incorrect; Try Again

The peritoneum is the layer of tissue that surrounds the abdominopelvic cavity, and is the deepest structure.

Level Thinking with MasteringA&P®

Part F - Conclusion: Valves in Blood Flow Through the Heart
Drag and drop valve names to their correct location in the image.

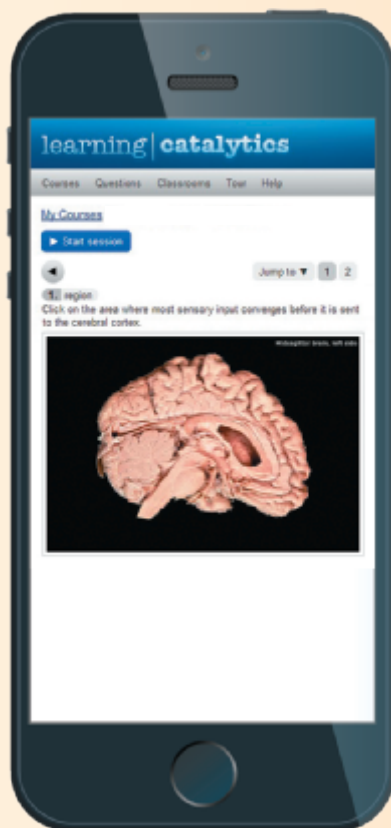
Tricuspid valve Pulmonary semilunar valve Aortic semilunar valve Mitral (bicuspid) valve



Submit Hints My Answers Give Up Review Part

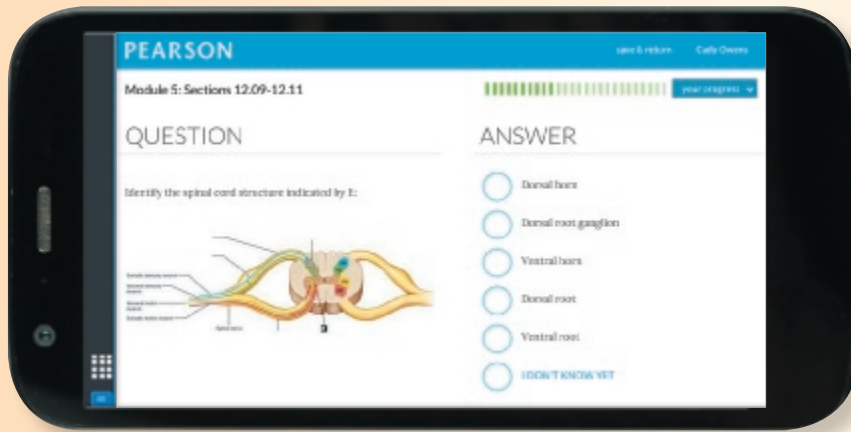
reset help

Every Focus Figure has an assignable, multi-step Coaching Activity in MasteringA&P.

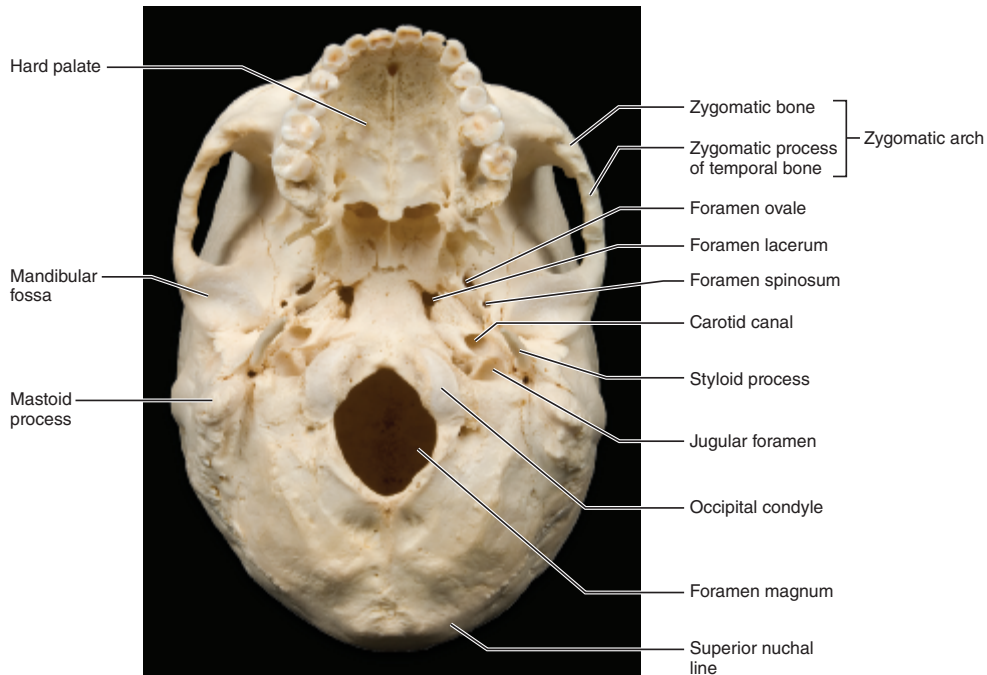


NEW! Learning Catalytics is a “bring-your-own-device” engagement, assessment, and classroom intelligence system. With Learning Catalytics, instructors can flip the classroom and assess students in real time using open-ended tasks to probe their understanding. Students use their smartphone, tablet, or laptop to respond to questions in class.

Help Your Students Study Anywhere, Anytime with Mobile Tools



NEW! Dynamic Study Modules help students acquire, retain, and recall information faster and more efficiently than ever before. These mobile-friendly, flashcard-style questions adapt to a student's performance, and include feedback with text and art from the book itself.



(b) Photo of inferior view of the skull

Figure 7.7 Inferior aspect of the skull.



NEW! Media References in the textbook to PAL 3.0, A&P Flix animations, bone videos, animal organ dissection and cat dissection videos, and art-labeling activities in MasteringA&P help students easily find relevant media resources as they are reading the book.

Maximize Your Students' Learning in the Lab



A Brief Atlas of the Human Body, Second Edition,

by Matt Hutchinson contains a comprehensive histology photomicrograph section with more than 50 slides of basic tissue and organ systems. Featuring photos taken by renowned biomedical photographer Ralph Hutchings, this high-quality photographic atlas helps students learn and identify key anatomical structures.

Available as part of the student package for Marieb, Wilhelm, and Mallatt's *Human Anatomy, Eighth Edition*.

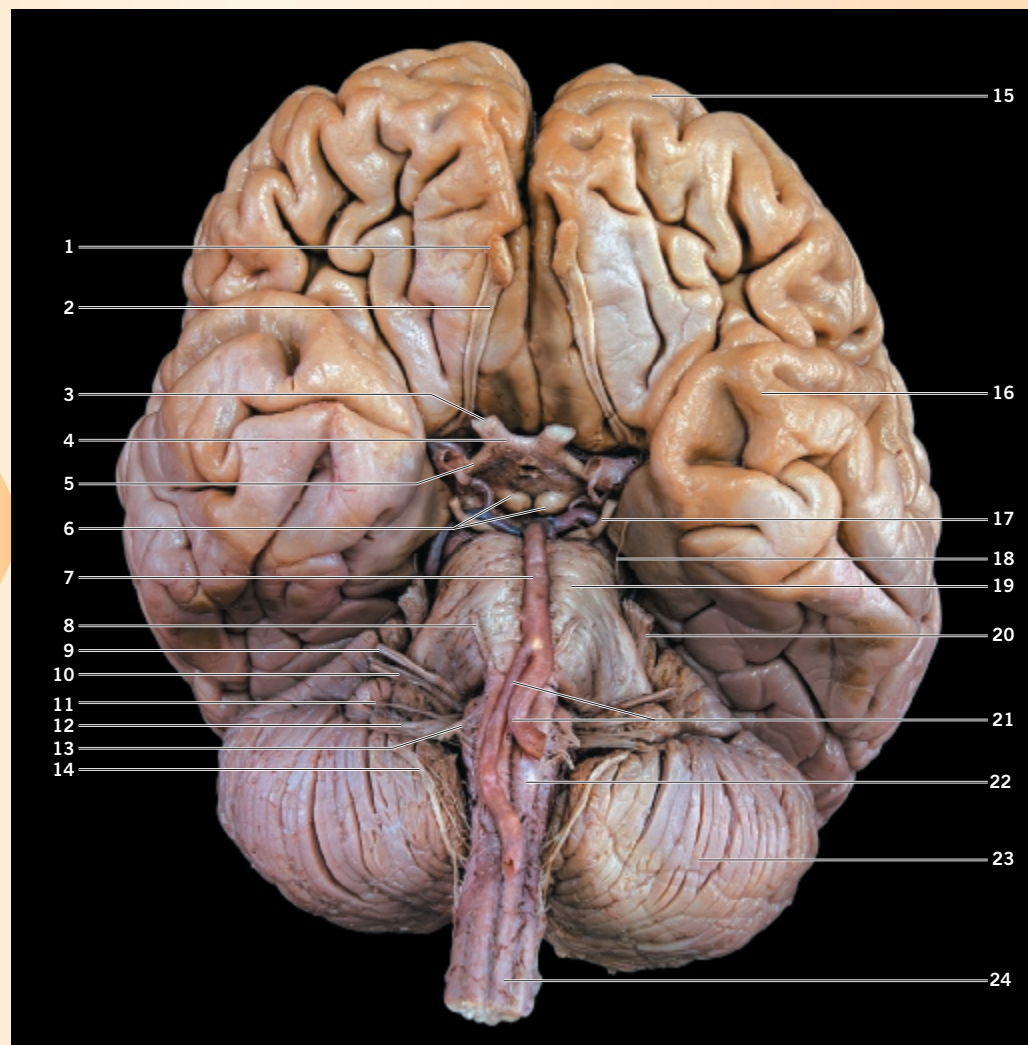
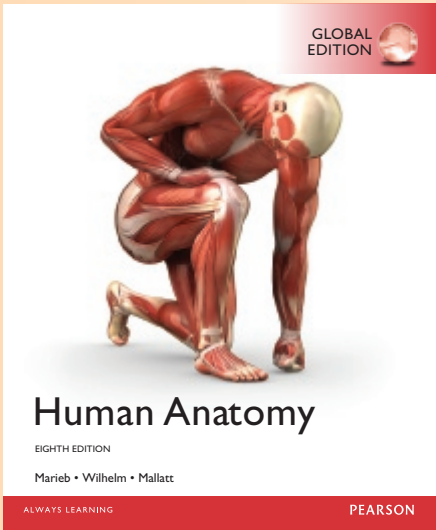


FIGURE 5.6 Brain with Cranial Nerves, Inferior View

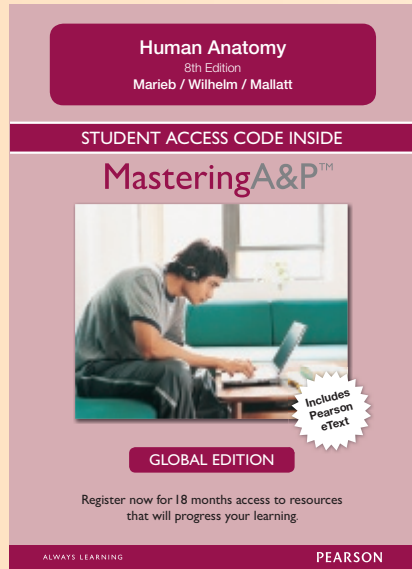
- | | | | |
|----------------------|------------------------------------|-----------------------------|---------------------------------|
| 1. Olfactory bulb | 8. Abducens nerve (VI) | 13. Hypoglossal nerve (XII) | 20. Trigeminal nerve (V) |
| 2. Olfactory tract | 9. Facial nerve (VII) | 14. Accessory nerve (XI) | 21. Vertebral arteries |
| 3. Optic nerve (II) | 10. Vestibulocochlear nerve (VIII) | 15. Frontal lobe | 22. Medulla oblongata (pyramid) |
| 4. Optic chiasma | 11. Glossopharyngeal nerve (IX) | 16. Temporal lobe | 23. Cerebellum |
| 5. Optic tract | 12. Vagus nerve (X) | 17. Oculomotor nerve (III) | 24. Spinal cord |
| 6. Mammillary bodies | | 18. Trochlear nerve (IV) | |
| 7. Basilar artery | | 19. Pons | |

Everything Your Students Need to Succeed in Lecture and Lab

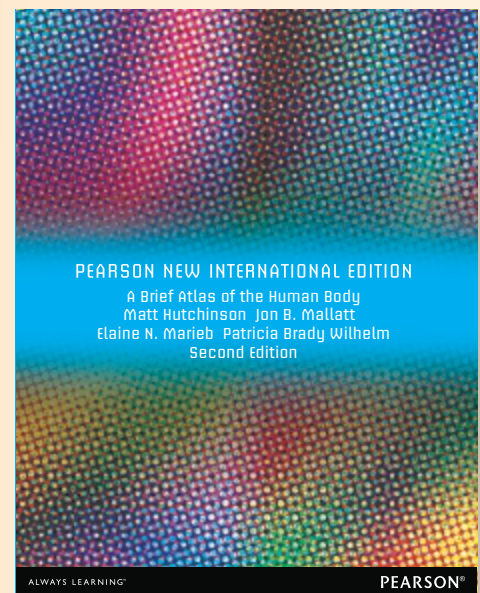


Student package for Marieb, Wilhelm, and Mallatt's *Human Anatomy*, Eighth Edition includes MasteringA&P + *A Brief Atlas of the Human Body*, Second Edition.

**Marieb/Wilhelm/Mallatt,
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Code for Marieb/Wilhelm/
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**Hutchinson et al., *A Brief
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Could Your Students Use a Refresher?

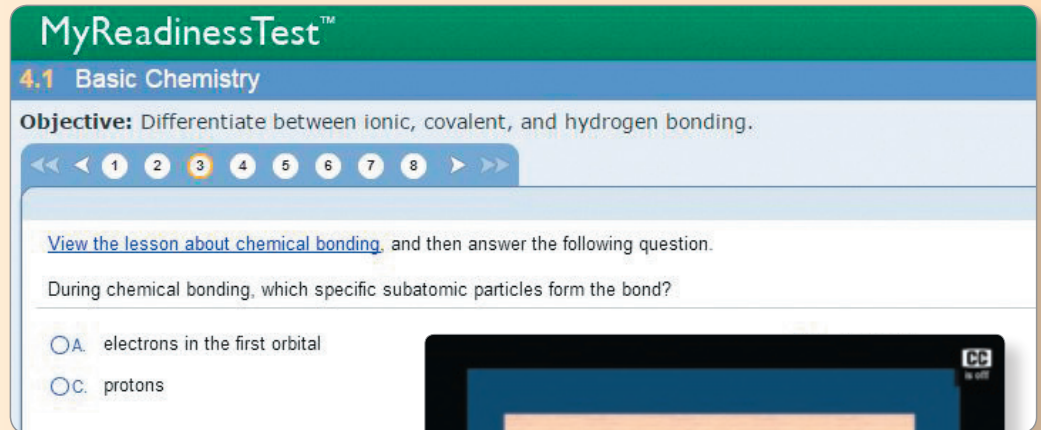
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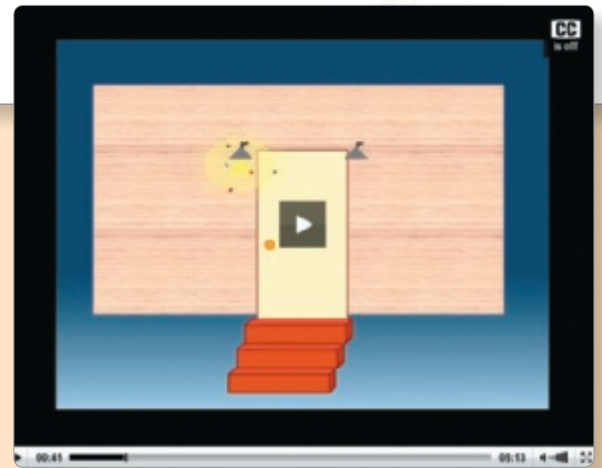
for A&P prepares students *before* their Human Anatomy course begins.

Students can get *free* online access the moment they register for your anatomy course. MyReadinessTest assesses students' proficiency in study skills and foundation concepts in science, and tutors them in core areas where they need additional practice and review, before they even set foot in an anatomy classroom. It offers:

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- ▶ **Diagnostic Test and Cumulative Test** based on learning outcomes from a widely used primer, *Get Ready for A&P* by Lori Garrett.
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- ▶ **Flexible Testing** that allows instructors to edit the Diagnostic Test or implement their own placement test or exit exam.
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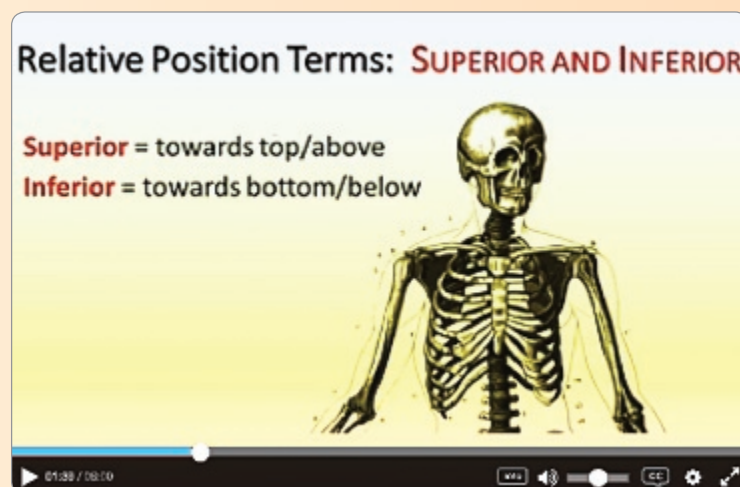


The screenshot shows the MyReadinessTest™ interface. At the top, it says "4.1 Basic Chemistry". Below that, the objective is "Differentiate between ionic, covalent, and hydrogen bonding." There are navigation arrows and a progress indicator with numbers 1 through 8, where 3 is highlighted. The question asks: "During chemical bonding, which specific subatomic particles form the bond?" There are two radio button options: "A. electrons in the first orbital" and "C. protons".



NEW! Five new video tutors

on topics such as Learning Styles, Relative Positions, Meiosis, Chemical Reactions, and Concept Mapping.



The video player shows a title "Relative Position Terms: SUPERIOR AND INFERIOR". Below the title, it defines "Superior = towards top/above" and "Inferior = towards bottom/below". To the right of the text is a 3D rendered human skeleton. The video player has a progress bar at the bottom and a "CC" logo in the bottom right corner.

Supplements for Instructors

Instructor's Resource Material

1-292-17592-3 / 978-1-292-17592-8

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- ▶ All figures from the book in JPEG format and PowerPoint slides
- ▶ Instructor's Resource Guide in Microsoft Word®
- ▶ Clicker Questions
- ▶ Complete Test Bank with TestGen® software
- ▶ Quiz Show Presentations

All materials available on the Instructor Resource Center are also available in MasteringA&P which also has, in addition, Cat Dissection Videos; A&P Flix™ Animations; Bone and Dissection Videos; Images from *A Brief Atlas of the Human Body*, Second Edition; PAL 3.0™ Instructor Resource DVD with Test Bank; and Index of anatomical structures covered in PAL 3.0.

Instructor's Resource Guide

By Leslie Hendon

1-292-17591-5 / 978-1-292-17591-1

The *Instructor's Resource Guide* features an innovative Teaching with Art feature, learning objectives, suggested lecture outlines, lecture hints, media resources, suggested readings, discussion topics, answers to end-of-chapter questions, and more.

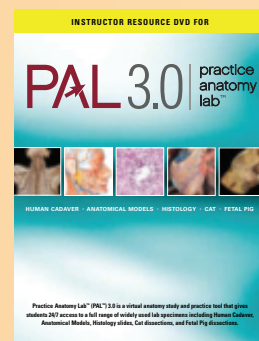
TestGen Test Bank

By Dana Peterson

1-292-15681-3 / 978-1-292-15681-1

The Eighth Edition Test Bank covers all major topics at a range of difficulty levels. The Test Bank is available in Microsoft Word and TestGen formats on the Instructor Resource Center and in the Instructor Resources section of MasteringA&P®. Both electronic options are cross-platform and allow instructors to easily generate and customize tests.

PAL™ 3.0 Instructor Resource DVD with Test Bank



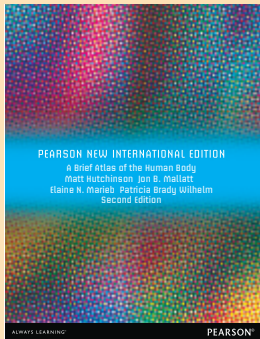
By Nora Hebert, Ruth Heisler, Jett Chinn, Karen M. Krabbenhoft, Olga Malakova
0-321-74963-4 /
978-0-321-74963-5

Includes everything an instructor needs to present and assess PAL 3.0 in lecture and lab. The DVD includes images in PowerPoint with editable labels and leader lines, labeled and unlabeled images

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Supplements for Students

A Brief Atlas of the Human Body, Second Edition



By Matt Hutchinson
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Visual lab study tool that helps students learn and identify key anatomical structures. It includes 107 bone and 47 soft tissue photographs with easy-to-read labels. This edition of the atlas contains a comprehensive histology photomicrograph section with more than 50 slides of basic tissue and organ systems.

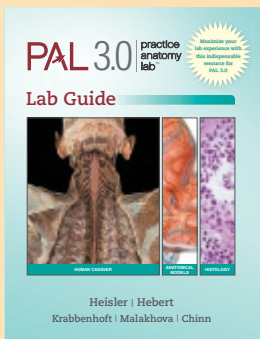
Practice Anatomy Lab™ 3.0 DVD



By Ruth Heisler, Nora Hebert,
Jett Chinn, Karen Krabbenhoft,
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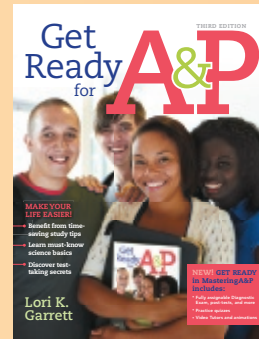
Practice Anatomy™ (PAL™) 3.0 Lab Guide



By Ruth Heisler, Nora Hebert,
Karen Krabbenhoft, Olga
Malakhova, and Jett Chinn
With PAL 3.0 DVD
(0-321-85767-4)

The PAL 3.0 Lab Guide enhances students' virtual anatomy lab experience by helping them explore anatomical structures through a series of labeling activities and quizzes using the images from PAL.

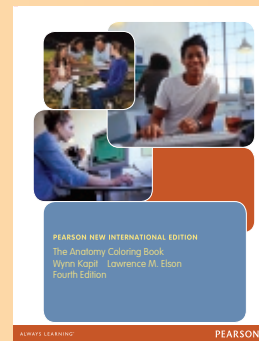
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By Wynn Kapit and
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For over 35 years, The Anatomy Coloring Book has been the #1 best-selling human anatomy coloring book. A useful tool for anyone with an interest in learning anatomical structures, this concisely written text features precise, extraordinary hand-drawn figures that

were crafted especially for easy coloring and interactive study. Organized according to body systems, each of the 162 spreads featured in this book includes an ingenious color-key system where anatomical terminology is linked to detailed illustrations of the structures of the body.

The general philosophy behind this Eighth Edition of *Human Anatomy* remains the same as in the previous editions. As an instructor, you know that teaching anatomy is not just the presentation of facts. You must provide information in a framework that encourages genuine understanding, devise new presentations to help students remember large amounts of material, and help students apply what they have learned to new situations. All the while you hope that you inspire in the students a love of the subject.

After many years of teaching human anatomy, we became convinced that new approaches to the subject could excite and challenge the students' natural curiosity. That is why we decided to write this book. We are fortunate to have collaborated with Pearson Education, a publisher that shares our goal: to set a new standard for pedagogical and visual effectiveness in an anatomy text.

This book is designed for one-semester or one-quarter introductory anatomy courses that serve students in pre-nursing, pre-medical, pre-physical therapy, radiological technology, physician assistant training, pre-dentistry, pharmacy, and other allied-health fields, as well as physical education, athletic training, and nutrition.

Unique Approach to Anatomy

Since its inception, we have worked diligently to distinguish *Human Anatomy* from the many other anatomy books currently available. This book explains anatomy thoroughly, and its discussions are not merely brief summaries of the art. We have striven to present the basic concepts of anatomy—gross, microscopic, developmental, and clinical—in a manner that is clearly written, effectively organized, up to date, and well illustrated. We realize that learning anatomy involves assimilating gargantuan amounts of material, and we have tried to make our presentation as logical and accessible as possible. To this end, we present anatomy as a “story” that can be explained and understood—convincing the students that the structure of the body makes sense.

Although descriptive gross anatomy is a relatively static science, knowledge is growing quickly in the subfields of functional anatomy, neuroanatomy, developmental anatomy, and the functional aspects of tissue and cellular anatomy. This text strives to keep up with the knowledge explosion in these subfields and to present anatomy in a way that allows modern biology students, whose training is becoming ever more molecular and cellular, to anchor their biochemical and medical training in the physical context of the human body.

Functional Approach

We strongly emphasize the functional anatomy theme, giving careful consideration to the adaptive characteristics of the anatomical structures of the body. Wherever possible, we explain how the shape and composition of the anatomical

structures allow them to perform their functions. Such functional anatomy is not physiology (which focuses on biological mechanisms), but is more akin to “design analysis.” This approach is unique for a text at this level.

Microscopic Anatomy

We have worked to provide an especially effective treatment of microscopic anatomy. Many undergraduate texts treat histology as a specialized and minor subfield that takes a back seat to gross anatomy. This is unfortunate, because most physiological and disease processes take place at the cellular and tissue level, and most allied-health students require a solid background in histology and subcellular structure to prepare them for their physiology courses.

Embryology

Our text is designed to present embryology in the most effective and logical way. We are convinced that the fundamentals should be presented early in the text, before the more advanced discussions of the developing organ systems in the relevant chapters. Therefore, we wrote Chapter 3 as a basic introduction to embryology. Because a comprehensive presentation of embryology early in the book could be intimidating to some students, we have used a “velvet glove approach,” providing only the most important concepts in a concise, understandable way, visually reinforced with exceptionally clear art.

Life Span Approach

Most chapters in this book close with a “Throughout Life” section that first summarizes the embryonic development of organs of the system and then examines how these organs change across one's life span. Diseases particularly common during certain periods of life are pointed out, and effects of aging are considered. The implications of aging are particularly important to students in the health-related curricula because many of their patients will be older adults.

Helpful Presentation of Terminology

The complex terminology of anatomy is one of the most difficult aspects of the subject to make interesting and accessible. To this end, we highlight important terms in boldfaced type, and we provide the pronunciations of more terms than do many competing texts. Also, we include the Latin or Greek translations of almost every term at the point where the term is introduced in the text. This promotes learning by showing students that difficult terms have simple, logical derivations. The anatomical terms used in this text are consistent with the terms accepted by the International Federation of Associations of Anatomists (IFAA). Clinical terminology is also presented in the Related Clinical Terms section found at

the conclusion of most chapters. A helpful glossary, pronunciation guide, and list of word roots and suffixes are located at the end of the text.

NEW TO THE EIGHTH EDITION

The Eighth Edition builds on the book's hallmark strengths—art that teaches better, a student-friendly narrative, and easy-to-use media and assessment tools—and improves on them.

- **Twelve updated body movement photos and seven updated facial movement photos** clearly demonstrate movements allowed by synovial joints, as well as actions of muscles of the face, scalp, and neck.
- **Two updated Focus figures**, Focus Figure 4.11 (Identifying Epithelial and Connective Tissues) and Focus Figure 15.2 (Comparing Somatic Motor and Autonomic Innervation), have been revised to better highlight and teach important, tough-to-understand concepts.
- **New and improved in-text media references** to PAL 3.0, A&P Flix animations, bone videos, animal organ dissection and cat dissection videos, and art-labeling activities in the Study Area of MasteringA&P® help students easily find helpful study tools as they are reading the book.

More Robust MasteringA&P

MasteringA&P now includes:

- **NEW! Clinical Scenario Coaching Activities** that complement lecture and lab, and can be assigned as part of in-class activities or as post-class assignments. Multiple coaching activities for each chapter include an assortment of multiple choice, sorting, labeling, and matching questions.
- **NEW! Cat Dissection Videos**, created by coauthor Patricia Wilhelm, that are assignable in MasteringA&P with hints and wrong-answer feedback. The videos without questions are also available in the Study Area of MasteringA&P. Video topics cover:
 - Superficial Muscles of the Trunk, Dorsal View
 - Deep Muscles of the Trunk, Dorsal View
 - Posterior Muscles of the Hip and Thigh
 - Brachial Plexus and Innervation of the Muscles of the Arm and Forearm
 - Digestive Structures of the Head
 - Peritoneum and Mesenteries of the Abdomen
 - Structures That Pass Through Mesenteries
 - Blood Vessels of the Thorax
 - Male Reproductive Structures
 - Female Reproductive Structures
- **NEW! Dynamic Study Modules** that help students study effectively on their own by continuously assessing their activity and performance in real time. Here's how it works: Students complete a set of questions with a unique answer format that also asks them to indicate their confidence level. Questions repeat until the student can answer them all correctly and confidently. Once completed, Dynamic Study Modules explain the concept using

materials from the text. These are available as graded assignments prior to class, and accessible on smartphones, tablets, and computers.

- **Bone and Dissection Video Coaching Activities** review all major bones and organ dissections. Each video is supported by activities with hints and specific wrong-answer feedback.
- **UPDATED! Focus Figure Coaching Activities** expand upon the popular Focus figures in the text by guiding students through complex processes step by step with hints and specific wrong-answer feedback. The Coaching Activities for Focus Figures 4.11 and 15.2 have been updated.
- **Get Ready for A&P Diagnostic, Learning Styles, and Cumulative Tests** along with **Get Ready for A&P Video Tutors** feature award-winning teacher Lori Garrett walking students through key basic concepts needed for students to be successful in A&P. Students can take the assignable Diagnostic Test and/or Learning Styles Test in MasteringA&P to assess their base knowledge at the start of the course. Chapter assessments include Reading Questions and Video Tutor Coaching Activities. The key concepts covered include: Learning Styles, Study Skills, Basic Math Review, Terminology, Body Basics, Chemistry, and Cell Biology.
- **A&PFlix™ Coaching Activities** provide dramatic 3-D animations of key anatomy topics, including individual muscle origins, insertions, actions, and innervations, and key muscle actions and joint movement. Each animation provides practice quizzes and wrong-answer feedback.
- **Drag-and-Drop Art Labeling Activities** and Art-Based Questions
- **Practice Anatomy Lab™ 3.0** is an indispensable virtual anatomy study and practice tool that gives students 24/7 access to the most widely used lab specimens including human cadaver, anatomical models, histology, cat, and fetal pig. PAL™ 3.0 includes built-in pronunciation guides, rotatable bones, multiple choice quizzes, and fill-in-the-blank lab practical exams.
- **Practice Anatomy Lab™ 3.0 Test Bank** includes over 4,000 customizable multiple choice and fill-in-the-blank questions. With this test bank, you can assign only the structures you want your students to know.
- **Learning Catalytics™** is an interactive, classroom tool that uses students' smartphones, tablets, or laptops to engage them in more sophisticated tasks and thinking. Now included with Mastering with eText, Learning Catalytics enables you to generate classroom discussion, guide your lecture, and promote peer-to-peer learning with real-time analytics. Instructors can:
 - Pose a variety of open-ended questions that help your students develop critical thinking skills
 - Monitor responses to find out where students are struggling
 - Use real-time data to adjust your instructional strategy and try other ways of engaging your students during class
 - Manage student interactions by automatically grouping students for discussion, teamwork, and peer-to-peer learning

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BRIEF CONTENTS

- 1 The Human Body: An Orientation 37
 - 2 Cells: The Living Units 58
 - 3 Basic Embryology 82
 - 4 Tissues 100
 - 5 The Integumentary System 139
 - 6 Bones and Skeletal Tissues 159
 - 7 Bones, Part 1: The Axial Skeleton 186
 - 8 Bones, Part 2: The Appendicular Skeleton 221
 - 9 Joints 244
 - 10 Skeletal Muscle Tissue 277
 - 11 Muscles of the Body 298
 - 12 Fundamentals of the Nervous System and Nervous Tissue 385
 - 13 The Central Nervous System 410
 - 14 The Peripheral Nervous System 463
 - 15 The Autonomic Nervous System and Visceral Sensory Neurons 503
 - 16 The Special Senses 524
 - 17 The Endocrine System 558
 - 18 Blood 582
 - 19 The Heart 598
 - 20 Blood Vessels 624
 - 21 The Lymphatic and Immune Systems 663
 - 22 The Respiratory System 681
 - 23 The Digestive System 711
 - 24 The Urinary System 756
 - 25 The Reproductive System 779
- APPENDIX A** The Metric System 821
- APPENDIX B** Answers to Check Your Understanding, Multiple Choice, and Matching Questions 823
- Glossary 831
- Photo and Illustration Credits 843
- Index 845

1 The Human Body: An Orientation 37

An Overview of Anatomy 38

Subdisciplines of Anatomy 38

Gross Anatomy 38

Microscopic Anatomy 38

Other Branches of Anatomy 38

The Hierarchy of Structural Organization 38

Scale: Length, Volume, and Weight 42

Anatomical Terminology 42

Gross Anatomy: An Introduction 42

Regional and Directional Terms 42

Body Planes and Sections 43

The Human Body Plan 46

Body Cavities and Membranes 47

Dorsal Body Cavity 47

Ventral Body Cavity 47

Serous Cavities 48

Abdominal Quadrants 49

Anatomical Variability 49

Microscopic Anatomy: An Introduction 49

Light and Electron Microscopy 49

Scanning Electron Microscopy 51

Artifacts 51

Clinical Anatomy: An Introduction to Medical Imaging Techniques 51

X-Ray Imaging 51

Advanced X-Ray Techniques 52

Computed Tomography 52

Angiography 53

Positron Emission Tomography 53

Sonography 54

Magnetic Resonance Imaging 54

FOCUS FIGURE

Focus on Levels of Structural Organization 39

Chapter Summary 55

Review Questions 56

2 Cells: The Living Units 58

Overview of Cells 59

The Plasma Membrane 60

Structure 62

Functions 62

Membrane Transport 63

The Cytoplasm 64

Cytosol 64

Cytoplasmic Organelles 65

Ribosomes 65

Endoplasmic Reticulum 65

Golgi Apparatus 66

Lysosomes 67

Mitochondria 68

Peroxisomes 68

Cytoskeleton 68

Centrosome and Centrioles 69

Cytoplasmic Inclusions 69

The Nucleus 70

Nuclear Envelope 70

Nucleolus 70

Chromatin and Chromosomes 71

The Cell Life Cycle 73

Interphase 73

Cell Division 73

Mitosis 73

Cytokinesis 76

Developmental Aspects of Cells 76

Cell Differentiation 76

Aging 77

FOCUS FIGURE

Focus on Mitosis 74

**CLINICAL APPLICATIONS**

Hypercholesterolemia 64 Tay-Sachs Disease 67

Related Clinical Terms 78**Chapter Summary** 78**Review Questions** 80**3 Basic Embryology 82****Stages of Prenatal Development** 82**The Basic Body Plan** 83**The Embryonic Period** 84

Week 1: From Zygote to Blastocyst 84

Week 2: The Two-Layered Embryo 86

Week 3: The Three-Layered Embryo 86

The Primitive Streak and the Three Germ Layers 86*The Notochord* 87*Neurulation* 88*The Mesoderm Begins to Differentiate* 90

Week 4: The Body Takes Shape 90

Folding 90*Derivatives of the Germ Layers* 90

Weeks 5–8: The Second Month of Embryonic Development 92

The Fetal Period 95**A CLOSER LOOK**

Focus on Birth Defects 96

**CLINICAL APPLICATIONS**

Conjoined (Siamese) Twins 85 Neural Tube Defects 89

Related Clinical Terms 97**Chapter Summary** 97**Review Questions** 98**4 Tissues 100****I. Epithelial Tissue** 101

Special Characteristics of Epithelia 102

Classification of Epithelia 102

Simple Epithelia 103*Stratified Epithelia* 108

Glands 108

Endocrine Glands 108*Exocrine Glands* 108

Epithelial Surface Features 110

Lateral Surface Features: Cell Junctions 110*Basal Feature: The Basal Lamina* 112*Apical Surface Features: Microvilli and Cilia* 112**II. Connective Tissue** 113

Special Characteristics of Connective Tissues 114

Structural Elements of Connective Tissues 114

Cells 114*Fibers* 116*Ground Substance* 116

Classification of Connective Tissues 117

Connective Tissue Proper—Loose Connective Tissues 117*Connective Tissue Proper—Dense Connective Tissue* 120*Cartilage* 122*Bone* 125*Blood* 125

Covering and Lining Membranes 125

III. Muscle Tissue 129**IV. Nervous Tissue** 129**Tissue Response to Injury** 131

Inflammation 131

Repair 133

The Tissues Throughout Life 133**FOCUS FIGURE**

Focus on Identifying Epithelial and Connective Tissues 126

A CLOSER LOOK

Cancer—The Intimate Enemy 135

**CLINICAL APPLICATIONS**

Basement Membranes and Diabetes 112 Kartagener's Syndrome 113 Scurvy 116

Related Clinical Terms 134**Chapter Summary** 136**Review Questions** 137**5 The Integumentary System 139****The Skin and the Hypodermis** 140

Epidermis 141

Layers of the Epidermis 141

Dermis 144*Papillary Dermis 144**Reticular Dermis 144***Hypodermis 146****Skin Color 146****Appendages of the Skin 147****Nails 147****Hair and Hair Follicles 148***Hair 148**Hair Follicles 148**Types and Growth of Hair 150**Hair Thinning and Baldness 150***Sebaceous Glands 151****Sweat Glands 151***Eccrine Sweat Glands 152**Apocrine Sweat Glands 152***Disorders of the Integumentary System 152****Burns 152****Skin Cancer 154***Basal Cell Carcinoma 154**Squamous Cell Carcinoma 154**Melanoma 154***The Skin Throughout Life 154****A CLOSER LOOK***Tattoos 146***CLINICAL APPLICATIONS***Skin's Response to Friction 144 Decubitus Ulcer 144**The Patch Drug Delivery System 145 Freckles and**Moles 147 Cyanosis 147 Chemotherapy and Hair**Loss 150 Acne 151**Related Clinical Terms 155**Chapter Summary 156**Review Questions 157*

6 Bones and Skeletal Tissues 159

Cartilages 160*Location and Basic Structure 160***Types of Cartilage 161***Hyaline Cartilage 161**Elastic Cartilage 162**Fibrocartilage 162***Growth of Cartilage 163****Bones 163****Functions of Bones 163****Bone Tissue 163***Extracellular Matrix 163**Cells 164***Gross Anatomy of Bones 164***Classification of Bones 164**Compact and Spongy Bone 165**Structure of a Typical Long Bone 165**Structure of Short, Irregular, and Flat Bones 167**Bone Design and Stress 167***Microscopic Structure of Bone 168***Compact Bone 168**Spongy Bone 171***Bone Development and Growth 171***Intramembranous Ossification 172**Endochondral Ossification 172**Anatomy of the Epiphyseal Plate 174**Postnatal Growth of Endochondral Bones 175***Bone Remodeling 175****Repair of Bone Fractures 177****Disorders of Bones 179****Osteoporosis 179****Osteomalacia and Rickets 180****Osteosarcoma 180****The Skeleton Throughout Life 181****A CLOSER LOOK***The Marvelous Properties of Cartilage 162***CLINICAL APPLICATIONS***Achondroplasia 175 Paget's Disease 177**Traction 179**Related Clinical Terms 182**Chapter Summary 182**Review Questions 183*

7 Bones, Part 1: The Axial Skeleton 186

The Skull 188

Overview of Skull Geography 188

Cranial Bones 189

Parietal Bones and the Major Sutures 189

Sutural Bones 190

Frontal Bone 191

Occipital Bone 191

Temporal Bones 192

Sphenoid Bone 194

Ethmoid Bone 198

Facial Bones 198

Mandible 198

Maxillary Bones 199

Zygomatic Bones 203

Nasal Bones 203

Lacrimal Bones 203

Palatine Bones 203

Vomer 203

Inferior Nasal Conchae 203

Special Parts of the Skull 203

Nasal Cavity 203

Paranasal Sinuses 204

Orbits 205

The Hyoid Bone 205

The Vertebral Column 206

Regions and Normal Curvatures 206

Ligaments of the Spine 207

Intervertebral Discs 207

General Structure of Vertebrae 208

Regional Vertebral Characteristics 209

Cervical Vertebrae 210

Thoracic Vertebrae 211

Lumbar Vertebrae 212

Sacrum 213

Coccyx 213

The Thoracic Cage 214

Sternum 215

Ribs 215

Disorders of the Axial Skeleton 216

Cleft Palate 216

Stenosis of the Lumbar Spine 216

Abnormal Spinal Curvatures 216

The Axial Skeleton Throughout Life 217



CLINICAL APPLICATIONS

Deviated Septum 203 Herniated Disc 208

The Dens and Fatal Trauma 210

Related Clinical Terms 218

Chapter Summary 218

Review Questions 219

8 Bones, Part 2: The Appendicular Skeleton 221

The Pectoral Girdle 222

Clavicles 222

Scapulae 223

The Upper Limb 223

Arm 223

Forearm 227

Ulna 227

Radius 227

Hand 228

Carpus 228

Metacarpus 228

Phalanges of the Fingers 228

The Pelvic Girdle 230

Ilium 230

Ischium 232

Pubis 232

Pelvic Structure and Childbearing 233

The Lower Limb 233

Thigh 233

Leg 235

Tibia 237

Fibula 238

Foot 238

Tarsus 239

Metatarsus 239

Phalanges of the Toes 239

Arches of the Foot 239

Disorders of the Appendicular Skeleton 240

The Appendicular Skeleton Throughout Life 241



CLINICAL APPLICATIONS

Fractures of the Clavicle 223 Palpation of Colles' Fracture 227 Carpal Tunnel Syndrome 230 Hip Fracture as a Result of Osteoporosis 233 Ankle Fractures 238 Metatarsal Stress Fracture 239

Related Clinical Terms 241

Chapter Summary 242

Review Questions 242

9 Joints 244

Classification of Joints 245

Fibrous Joints 245

Sutures 245

Syndesmoses 246

Gomphoses 246

Cartilaginous Joints 246

Synchondroses 246

Symphyses 246

Synovial Joints 246

General Structure of Synovial Joints 247

Movements Allowed by Synovial Joints 249

Gliding 249

Angular Movements 250

Special Movements 253

Types of Synovial Joints 253

Factors Influencing the Stability of Synovial Joints 253

Articular Surfaces 253

Ligaments 256

Muscle Tone 256

Selected Synovial Joints 257

Temporomandibular Joint 258

Sternoclavicular Joint 260

Shoulder (Glenohumeral) Joint 260

Elbow Joint 262

Wrist Joint 263

Hip Joint 264

Knee Joint 265

Ankle Joint 268

Disorders of Joints 270

Joint Injuries 270

Torn Cartilage 270

Sprains 270

Dislocations 271

Inflammatory and Degenerative Conditions 271

Bursitis, Tendonitis, and Tenosynovitis 271

Arthritis 271

The Joints Throughout Life 273

FOCUS FIGURE

Focus on Synovial Joints 254



CLINICAL APPLICATIONS

Temporomandibular Disorders 259 Shoulder Dislocations 262 Elbow Trauma 263 Knee Injuries 267 Ankle Sprains 270 Autologous Cartilage Implantation 270 Nursemaid's Elbow 271

Related Clinical Terms 273

Chapter Summary 274

Review Questions 275

10 Skeletal Muscle Tissue 277

Overview of Muscle Tissue 278

Properties of Muscle Tissue 278

Terminology Specific to Muscle Tissue 278

Functions of Muscle Tissue 278

Types of Muscle Tissue 278

Skeletal Muscle Tissue 278

Cardiac Muscle Tissue 278

Smooth Muscle Tissue 278

Skeletal Muscle 280

Gross Anatomy of a Skeletal Muscle 280

Connective Tissue and Fascicles 280

Nerves and Blood Vessels 281

Muscle Attachments 281

Microscopic and Functional Anatomy of Skeletal Muscle Tissue 282

The Skeletal Muscle Fiber 282
Myofibrils and Sarcomeres 282
Titin and Other Myofibril Proteins 284
Sarcoplasmic Reticulum and T Tubules 284
Mechanism of Contraction 285
Muscle Extension 286
Muscle Fiber Length and the Force of Contraction 286
Innervation of Skeletal Muscle 286
Types of Skeletal Muscle Fibers 288

Disorders of Skeletal Muscle Tissue 291

Muscular Dystrophy 291
 Myofascial Pain Syndrome 292
 Fibromyalgia 292

Skeletal Muscle Tissue Throughout Life 293

A CLOSER LOOK

Anabolic Steroid Abuse 293



CLINICAL APPLICATIONS

Delayed-Onset Muscle Soreness 285 Muscle Twitch 288 Rhabdomyolysis 289

Related Clinical Terms 294

Chapter Summary 294

Review Questions 296

11 Muscles of the Body 298

Arrangement of Fascicles in Muscles 299

Lever Systems: Bone-Muscle Relationships 300

First-Class Lever 301
Second-Class Lever 302
Third-Class Lever 302

Organizational Scheme Based on Embryonic Development 302

Muscle Actions and Interactions 304

Naming the Skeletal Muscles 306

Major Skeletal Muscles of the Body 306

Muscle Compartments of the Limbs 307

Upper Limb 307
Lower Limb 307

Table 11.1 Summary of Actions of Muscles Acting on the Arm, Forearm, and Hand 310

Table 11.2 Summary of Actions of Muscles Acting on the Thigh, Leg, and Foot 312

The Muscle Tables 314

Table 11.3 Muscles of the Head, Part I: Facial Expression 315

Table 11.4 Muscles of the Head, Part II: Mastication and Tongue Movement 318

Table 11.5 Muscles of the Anterior Neck and Throat: Swallowing 320

Table 11.6 Muscles of the Neck and Vertebral Column: Head Movements and Trunk Extension 323

Table 11.7 Deep Muscles of the Thorax: Breathing 327

Table 11.8 Muscles of the Abdominal Wall: Trunk Movements and Compression of Abdominal Viscera 329

Table 11.9 Muscles of the Pelvic Floor and Perineum: Support of Abdominopelvic Organs 332

Table 11.10 Superficial Muscles of the Anterior and Posterior Thorax: Movements of the Scapula 334

Table 11.11 Muscles Crossing the Shoulder Joint: Movements of the Arm (Humerus) 338

Table 11.12 Muscles Crossing the Elbow Joint: Flexion and Extension of the Forearm 341

Table 11.13 Muscles of the Forearm: Movements of the Wrist, Hand, and Fingers 342

Table 11.14 Intrinsic Muscles of the Hand: Fine Movements of the Fingers 348

Table 11.15 Muscles Crossing the Hip and Knee Joints: Movements of the Thigh and Leg 351

Table 11.16 Muscles of the Leg: Movements of the Ankle and Toes 359

Table 11.17 Intrinsic Muscles of the Foot: Toe Movement and Foot Support 365

Regional Surface Anatomy 368

The Head 369

The Cranium 369

The Face 369

The Neck 370

Skeletal Landmarks 370

Muscles of the Neck 371

Triangles of the Neck 371

The Thorax 371

Skeletal Landmarks 371

Muscles of the Thorax 371

The Abdomen 371*Skeletal Landmarks 371**Muscles and Other Abdominal Surface**Features 371***The Back 372***Bones of the Back 372**Muscles of the Back 373***The Upper Limb and Shoulder 373***The Axilla 373**The Shoulder 374**The Arm 374**The Elbow Region 375**The Forearm and Hand 376***The Lower Limb and Gluteal Region 376***The Gluteal Region 376**The Thigh 379**The Leg and Foot 379***FOCUS FIGURE**

Focus on Muscle Action 305

**CLINICAL APPLICATIONS**

Compartment Syndrome 307 Torticollis 323

Hernia 329 Tennis Elbow 342 Lacerations to the Neck 371 The Triangle of Auscultation 373

Gluteal Intramuscular Injections 377

*Related Clinical Terms 380**Chapter Summary 380**Review Questions 383*

12 Fundamentals of the Nervous System and Nervous Tissue 385

The Functional Organization of the Nervous System 386

Functions of the Nervous System 386

Basic Divisions of the Nervous System 386

*Somatic Sensory (SS) 388**Visceral Sensory (VS) 388**Somatic Motor (SM) 388**Visceral Motor (VM) 388***Nervous Tissue 389**

The Neuron 389

*The Cell Body 389**Neuron Processes 389**Synapses 390**Classification of Neurons 391***Neuroglia 394***Neuroglia in the CNS 394**Neuroglia in the PNS 395**Myelin Sheaths 395***Gross Anatomy of the Nervous System: An Overview 397**

Gray and White Matter of the CNS 397

Nerves 397

Neuronal Integration 399

Reflex Arcs 399

*Monosynaptic Reflex 399**Polysynaptic Reflex 399*

Neuronal Circuits 400

*Diverging Circuit 401**Converging Circuit 401**Reverberating Circuit 401**Serial Processing 401**Parallel Processing 401*

Integration Between the PNS and CNS 402

Disorders of Nervous Tissue 403

Multiple Sclerosis 403

Neuronal Regeneration 404

Nervous Tissue Throughout Life 405

Embryonic Development of Nervous Tissue 405

FOCUS FIGURE

Focus on Neuronal Pathways 402

**CLINICAL APPLICATIONS**

Gliomas 395 Tic Douloureux 395 Regeneration and Spinal Cord Injuries 404

*Related Clinical Terms 407**Chapter Summary 407**Review Questions 408*

13 The Central Nervous System 410

The Brain 411

Embryonic Development of the Brain 411

Basic Parts and Organization of the Brain 413

Ventricles of the Brain 413

The Brain Stem	414
<i>The Medulla Oblongata</i>	414
<i>The Pons</i>	416
<i>The Midbrain</i>	417
The Cerebellum	419
<i>The Cerebellar Peduncles</i>	419
The Diencephalon	421
<i>The Thalamus</i>	421
<i>The Hypothalamus</i>	421
<i>The Epithalamus</i>	423
The Cerebrum	424
<i>Lobes of the Cerebral Cortex</i>	424
<i>Functional Areas of the Cerebral Cortex</i>	424
<i>White Matter of the Cerebrum</i>	432
<i>Deep Gray Matter of the Cerebrum</i>	434
Functional Brain Systems	435
<i>The Limbic System</i>	435
<i>The Reticular Formation</i>	436
Protection of the Brain	437
<i>Meninges</i>	439
<i>Cerebrospinal Fluid</i>	440
<i>Blood Brain Barrier</i>	443
The Spinal Cord	443
White Matter of the Spinal Cord	446
Gray Matter of the Spinal Cord and Spinal Roots	447
Protection of the Spinal Cord	448
Sensory and Motor Pathways in the Central Nervous System	449
Ascending Pathways	450
<i>Spinocerebellar Pathway</i>	450
<i>Dorsal Column–Medial Lemniscal Pathway</i>	450
<i>Spinothalamic Pathways</i>	450
Descending Pathways	452
<i>Direct Pathways (Pyramidal Tracts)</i>	454
<i>Indirect Pathways (Extrapyramidal Tracts)</i>	454
Disorders of the Central Nervous System	455
Spinal Cord Damage	455
Brain Dysfunction	455
<i>Cerebrovascular Accidents</i>	455
<i>Alzheimer’s Disease</i>	457
The Central Nervous System Throughout Life	457

Embryonic Development and Congenital Conditions 457

Postnatal Changes in the Brain 458

A CLOSER LOOK

Traumatic Brain Injury 456



CLINICAL APPLICATIONS

Localization of a Brain Stem Injury 419 Injury to the Cerebellum 420 Why Won’t Teenagers Sleep at Night? 423 Phantom Limb Pain 427 Agnosia 430 Neglect Syndrome 431 Dyskinesia 435 Hydrocephalus 443 Flaccid and Spastic Paralysis 448 Meningitis 449 Amyotrophic Lateral Sclerosis (ALS) 455

Related Clinical Terms 459

Chapter Summary 459

Review Questions 461

14 The Peripheral Nervous System 463

Organization of the Peripheral Nervous System 464

Peripheral Sensory Receptors 464

Functional Classification 465

Location of Receptors 465

Stimulus Type 465

Structural Classification 465

Free Nerve Endings 465

Encapsulated Nerve Endings 467

Cranial Nerves 468

I The Olfactory Nerves 471

II The Optic Nerves 471

III The Oculomotor Nerves 472

IV The Trochlear Nerves 472

V The Trigeminal Nerves 473

VI The Abducens Nerves 474

VII The Facial Nerves 475

VIII The Vestibulocochlear Nerves 476

IX The Glossopharyngeal Nerves 477

X The Vagus Nerves 478

XI The Accessory Nerves 479

XII The Hypoglossal Nerves 479

Spinal Nerves 480

Innervation of the Back 482

Innervation of the Anterior Thoracic and Abdominal Wall 482

Nerve Plexuses 482

The Cervical Plexus and Innervation of the Neck 482

The Brachial Plexus and Innervation of the Upper Limb 483

The Lumbar Plexus and Innervation of the Lower Limb 491

The Sacral Plexus and Innervation of the Lower Limb 491

Innervation of Joints of the Body 495

Innervation of the Skin: Dermatomes 495

Disorders of the Peripheral Nervous System 497

Shingles 497

Migraines 497

Peripheral Neuropathy 497

The Peripheral Nervous System Throughout Life 498

FOCUS FIGURES

Focus on Innervation of the Upper Limb 486

Focus on Innervation of the Lower Limb 492

A CLOSER LOOK

Postpolio Syndrome: The Plight of Some "Recovered" Polio Victims 498



CLINICAL APPLICATIONS

Paresthesia 468 Anosmia 471 Optic Nerve Damage 471 Oculomotor Nerve Paralysis 472 Trochlear Nerve Damage 472 Anesthesia for Upper and Lower Jaws 474 Abducens Nerve Paralysis 474 Bell's Palsy 476 Vestibulocochlear Nerve Damage 476 Glossopharyngeal Nerve Damage 477 Vagus Nerve Damage 478 Damage to Accessory Nerves 479 Hypoglossal Nerve Damage 479 Hiccups 483 Brachial Plexus Injuries 485 Median Nerve Injury 488 Ulnar Nerve Injuries 488 Radial Nerve Injuries 488 Compression of Lumbar Spinal Nerves 491 Sciatic Nerve Injuries 495 Clinical Importance of Dermatomes 497

Related Clinical Terms 499

Chapter Summary 499

Review Questions 501

15 The Autonomic Nervous System and Visceral Sensory Neurons 503

Overview of the Autonomic Nervous System 504

Comparison of the Autonomic and Somatic Motor Systems 504

Divisions of the Autonomic Nervous System 506

The Parasympathetic Division 508

Cranial Outflow 508

Oculomotor Nerve (III) 508

Facial Nerve (VII) 508

Glossopharyngeal Nerve (IX) 509

Vagus Nerve (X) 509

Sacral Outflow 509

The Sympathetic Division 509

Basic Organization 509

Sympathetic Trunk Ganglia 512

Collateral Ganglia 512

Sympathetic Pathways 513

Pathways to the Body Periphery 514

Pathways to the Head 514

Pathways to the Thoracic Organs 514

Pathways to the Abdominal Organs 514

Pathways to the Pelvic Organs 516

The Role of the Adrenal Medulla in the Sympathetic Division 516

Visceral Sensory Neurons 517

Visceral Reflexes 517

Central Control of the Autonomic Nervous System 519

Control by the Brain Stem and Spinal Cord 519

Control by the Hypothalamus and Amygdaloid Body 519

Control by the Cerebral Cortex 519

Disorders of the Autonomic Nervous System 519

The Autonomic Nervous System Throughout Life 520

FOCUS FIGURE

Focus on Comparing Somatic Motor and Autonomic Innervation 505